

IHOP[®]

Made,
Fresh,
*for
you



ANYTIME MENU

FALL / WINTER

WORLD FAMOUS,
FLIPPED FRESH

Pancakes



Red Velvet
Pancake Combo



BUILD
YOUR BREAKFAST

PICK YOUR PANCAKES + 2 EGGS* YOUR WAY + 2 BACON OR 2 SAUSAGE + HASH BROWNS



Pancake Combo

Choice of any 2 same-flavoured pancakes.



Fresh
MADE TO
ORDER
WORLD
FAMOUS
BUTTERMILK
PANCAKES



Red Velvet

Four red velvet pancakes topped with cream cheese icing & dusted with powdered sugar.



New York Cheesecake

Four buttermilk pancakes filled with cheesecake bites. Topped with glazed strawberries & dusted with powdered sugar.



Strawberry Banana

Four buttermilk pancakes filled with fresh banana slices. Topped with glazed strawberries & more banana slices.



Rooty Tooty Fresh 'N Fruity® Pancakes

Four buttermilk pancakes. Topped with choice of peach topping, raspberry topping or glazed strawberries.



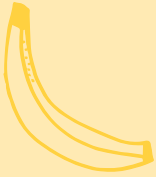
Cinn-A-Stack®

Four buttermilk pancakes layered with cinnamon roll filling & topped with cream cheese icing.

Before placing your order please inform your server if a person in your party has a food allergy. IHOP cannot ensure menu items do not contain ingredients that might cause an allergic reaction or impact other dietary restrictions. Allergen information is available upon request. Prices are subject to all applicable taxes and NDFD fees. USD pricing subject to change.



Top it off!



Add fruit topping to any Pancake menu item

- Raspberry Topping
- Glazed Strawberries
- Blueberry Toppings
- Fresh Banana Slices
- Peach Topping



Add a scoop of ice cream to any Pancake menu item



Original Buttermilk

Five of our world famous buttermilk pancakes topped with whipped real butter.

Available in a 3-stack.



Harvest Grain 'N Nut®

Four pancakes filled with wholesome oats, almonds & walnuts topped with whipped real butter.



Chocolate Chocolate Chip

Four chocolate pancakes filled with chocolate chips & dusted with powdered sugar. Available in buttermilk version.



Double Blueberry

Four buttermilk pancakes filled with blueberries & topped with blueberry compote.



Raspberry White Chocolate Chip

Four buttermilk pancakes filled with white chocolate chips. Topped with raspberry topping & cream cheese icing.



Start with a  coffee to sip & savor!

International House Roast™ Coffee
IHOP® Colombian Blend
100% Arabica Beans

* Sides *

Turkey Sausage Links

Turkey Bacon Strips

Buttered Toast

Sliced Tomatoes

Bacon Strips

Pork Sausage Links

Hash Browns

Seasonal Fruit *small bowl*

Canadian-Style Peameal Bacon

Slices of Ham

Red Potato Pepper & Onion Hash

Seasoned red potatoes with grilled onions & green peppers

Pickles

Canadian Maple Syrup

Serrano Peppers

GRIDDLED FRESH

Griddle Faves

WAFFLES



Belgian Waffle
Our traditional golden-brown Belgian waffle topped with whipped real butter.



Chicken & Waffles
Four all-white meat crispy chicken strips & our Belgian waffle. Served with plum sauce.

FRENCH TOAST



Our Original French Toast
Six triangles topped with whipped real butter & dusted with powdered sugar.



New!

Brioche French Toast
Three slices topped with whipped real butter & dusted with powdered sugar.



Stuffed French Toast
Two cinnamon-raisin triangles with sweet cream filling. Topped with choice of strawberry vanilla, peach vanilla, blueberry or glazed strawberries.



Strawberry Banana French Toast
Our original French toast topped with glazed strawberries & fresh banana slices.



Bananas Foster Brioche French Toast
Three slices topped with fresh bananas caramelized in a classic buttery, brown sugar New Orleans Foster's sauce.



Cinnamon Swirl Brioche French Toast
Three slices topped with cinnamon roll filling & cream cheese icing.

Top it off!

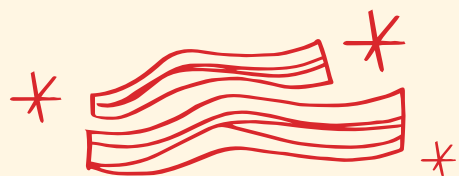
Add fruit topping to any Griddle Fave menu item

- Raspberry Topping
- Glazed Strawberries
- Blueberry Toppings
- Fresh Banana Slices
- Peach Topping

Add a scoop of ice cream to any Griddle Fave menu



We make it fresh
BECAUSE THAT'S WHAT
MAKES IT DELICIOUS!



Everything's better with bacon.



**Banana Crepes
with Nutella®**



Don't forget the coffee!

**Strawberry Banana
French Toast**

CREPES



Banana Crepes with Nutella®

Four delicate crepes topped with Nutella® The Original Hazelnut Spread® & freshly sliced bananas.



Strawberries & Cream Crepes

Four delicate crepes topped with glazed strawberries & vanilla cream drizzle.



Sweet Cream Cheese Crepes

Two crepes with sweet cream cheese filling. Topped with choice of raspberry topping or peach topping.



Classic Breakfast Crepes

Two crepes stuffed with scrambled eggs, bacon, ham & White Cheddar. Topped with a creamy White Cheddar sauce.



New!

Chicken Florentine Crepes

Two crepes filled with grilled chicken breast, mushrooms, onions & Swiss on a bed of spinach topped with White Cheddar sauce & fresh tomatoes.

* BUILD * YOUR BREAKFAST

FRENCH TOAST OR CREPES + 2 EGGS* YOUR WAY + 2 BACON OR 2 SAUSAGE + HASH BROWNS



French Toast Combo

Choose your flavour:

- Original 4 triangles
- Stuffed Flavours 1 triangle
- Strawberry Banana 4 triangles
- Brioche 2 slices



Crepe Combo

Choose your flavour:

- Banana with Nutella® 2 crepes
- Strawberries & Cream 2 crepes

BELGIAN WAFFLE + 2 EGGS* YOUR WAY + 2 BACON OR 2 SAUSAGE



Belgian Waffle Combo

Before placing your order please inform your server if a person in your party has a food allergy. IHOP cannot ensure menu items do not contain ingredients that might cause an allergic reaction or impact other dietary restrictions. Allergen information is available upon request. Prices are subject to all applicable taxes and NFDf fees. USD pricing subject to change.

CRAFTED FRESH

Combos



Breakfast Sampler

Add OJ for a breakfast boost!



EGGS 101

Get your eggs exactly how you like them.

Scrambled: Whites and yolks mixed together.

Over Easy: Soft whites with a runny yolk.

Over Medium: Firm whites with a semi-firm yolk.

Over Hard: Firm whites with a firm yolk.



Sirloin Tips & Eggs

Sirloin tips with grilled onions & mushrooms. Served with 2 eggs, hash browns & 2 buttermilk pancakes.



Split Decision Breakfast

Two eggs, 2 bacon strips, 2 pork sausage links, 2 triangles of French toast & 2 buttermilk pancakes.



T-Bone Steak & Eggs

T-Bone steak grilled & served with 3 eggs & 3 buttermilk pancakes.



Breakfast Sampler

Two eggs, 2 bacon strips, 2 pork sausage links, 2 pieces of ham, hash browns & 2 buttermilk pancakes.



Country Fried Steak & Eggs

A golden-battered beef steak smothered in country gravy. Served with 2 eggs, hash browns & 2 buttermilk pancakes.



Smokehouse Combo

Two jumbo smoked pork sausage links served with 2 eggs, hash browns & 2 buttermilk pancakes.



2 X 2 X 2

Two eggs, 2 bacon strips or 2 pork sausage links & 2 buttermilk pancakes.



Quick 2-Egg Breakfast

Two eggs, hash browns, 2 bacon strips or 2 pork sausage links & toast.



Simple & Fit 2-Egg Breakfast

Scrambled egg whites served with 2 slices of turkey bacon or turkey sausage, seasonal mixed fruit & whole wheat toast.



Bacon & Eggs Breakfast

Three eggs, 4 bacon strips and 3 buttermilk pancakes.

Substitute other meat options:

- 4 Pork Sausage Links
- Available without meat

SUBSTITUTE

- Egg whites or egg substitute
- Turkey bacon or turkey sausage links
- Canadian Peameal Bacon

Before placing your order please inform your server if a person in your party has a food allergy. IHOP cannot ensure menu items do not contain ingredients that might cause an allergic reaction or impact other dietary restrictions. Allergen information is available upon request. Prices are subject to all applicable taxes and NDFD fees. USD pricing subject to change.

WHISKED FRESH

Omelettes



Made with a splash of our famous buttermilk & wheat pancake batter!



Big Steak Omelette

Omelettes include[†] your choice of one side:

[†]Excludes Simple & Fit selection, which is served as described.

- 3 Buttermilk Pancakes
- Hash Browns
- Buttered Toast
- Red Potatoes
- Seasonal Mixed Fruit
- 3 Flavoured Pancakes^{**}

^{**}For flavours see pancakes page.



to any omelette



Chicken Fajita Omelette

Grilled chicken breast with roasted red peppers, onions, Jack & Cheddar & our salsa topped with sour cream. Served with a fresh grilled Serrano pepper.



Big Steak Omelette

Steak, hash browns, green peppers, onions, mushrooms, tomatoes & Cheddar. Served with our salsa.



Country Omelette

Ham, hash browns, onions & Cheddar. Topped with sour cream.



Colorado Omelette

Bacon, shredded beef, pork sausage & ham with green peppers, onions & Cheddar. Served with our salsa.



Spinach & Mushroom Omelette

Fresh spinach, mushrooms, onions & Swiss. Topped with hollandaise & tomatoes.



Hearty Ham & Cheese Omelette

Stuffed with ham, Jack & Cheddar & a White Cheddar sauce.



Bacon Temptation Omelette

Chopped bacon with Jack & Cheddar & a White Cheddar sauce. Topped with tomatoes & more bacon.



Garden Omelette

A fresh mix of broccoli, mushrooms & tomatoes with Cheddar.



New!



Egg White Vegetable Omelette

Egg white omelette filled with fresh spinach, onions & Pepper Jack topped with fresh avocado & tomatoes. Served with seasonal mixed fruit.



Chorizo Fiesta Omelette

Spicy chorizo sausage, roasted peppers, onions & Pepper Jack, topped with a citrus chili sauce & sour cream. Served with a fresh grilled Serrano pepper.

BUILD YOUR BREAKFAST

CREATE YOUR PERFECT OMELETTE

Create Your Perfect Omelette

An omelette with choice of cheese: Cheddar, White Cheddar, American, Jack & Cheddar blend, Swiss or Pepper Jack. Served with your choice of omelette side.

Additional ingredients

- Bacon
- Pork Sausage
- Ham
- Extra Cheese
- Fresh Mushrooms
- Fresh Tomatoes
- Fresh Spinach
- Fresh Green Peppers & Onions
- Fresh Avocado
- Serrano Peppers

Key: Spicy

Simple & Fit Under 600 Calories

Egg Specialties

WHIPPED UP FRESH



California Scramble

Scrambled eggs with Jack & Cheddar, topped with our salsa & avocado.

Served with red potato pepper & onion hash or hash browns, & side choice of a tortilla, toast or 2 buttermilk pancakes.



Turkey & Avocado Bennie

Two slices of grilled Brioche bread topped with roasted turkey, scrambled eggs, tomato, White Cheddar sauce & avocado.



Tuscan Scramble

Scrambled eggs with roasted red peppers, Parmesan, diced tomatoes and fresh spinach.

Served with red potato pepper & onion hash or hash browns, & side choice of a tortilla, toast or 2 buttermilk pancakes.



Salads and Soups



Chicken Cobb Salad
pairs great with Roasted Chicken Noodle Soup



Chicken Cobb Salad

Grilled or crispy chicken, bacon, hard-boiled egg, tomatoes & crumbled Blue cheese on a bed of mixed greens tossed in buttermilk ranch.

Add avocado.



House Salad

Tomato & red onions on mixed greens with choice of dressing.



Citrus Chicken Pecan Salad

Grilled chicken breast, orange segments & candied pecans on mixed greens. Tossed in our mandarin orange and kiwi dressing.



Chicken & Spinach Salad

Grilled or crispy chicken, bacon, hard-boiled egg, tomatoes & Cheddar on a bed of spinach tossed in honey balsamic vinaigrette.

SOUP OF THE DAY



Roasted Chicken Noodle

Before placing your order please inform your server if a person in your party has a food allergy. IHOP cannot ensure menu items do not contain ingredients that might cause an allergic reaction or impact other dietary restrictions. Allergen information is available upon request. Prices are subject to all applicable taxes and NFDF fees. USD pricing subject to change.

Burgers

100% Canadian choice beef * hand-seasoned * brioche bun

Bacon
Cheeseburger



All burgers & sandwiches are served with choice of one side:

French Fries
Onion Rings

Seasonal Mixed Fruit
Hash Browns
Red Potatoes

Soup

Side Salad

ADD TO ANY BURGER:

+ Fried Egg
+ Avocado
+ Peameal Bacon



Bacon Cheeseburger
Bacon, American, lettuce, tomato & red onion.



Denver Omelette Burger
White Cheddar, sliced ham & an omelette made with green peppers & onions.



Blue Cheese & Bacon Burger
Blue cheese crumbles, bacon & lettuce.



Cheeseburger
American, lettuce, tomato & red onion.
Available without cheese.



Mega Monster Cheeseburger
Two 100% Canadian choice beef patties, American, White Cheddar, lettuce, tomato & red onion.



Mushroom, Spinach & Swiss Burger
Our 100% beef burger with sautéed mushrooms, spinach & onions topped with melted Swiss cheese & mayonnaise on a grilled Brioche bun.



Roasted Turkey Sandwich
goes great with IHOP Splashers®

Sandwiches

Sandwiches are served with choice of one side from above. Add Avocado or Peameal Bacon to any sandwich.



Roasted Turkey Sandwich
Carved roasted turkey breast with bacon, Swiss, lettuce, tomato & mayonnaise on marbled rye.



Philly Cheese Steak Stacker
Grilled steak & onions topped with melted cheese on a grilled roll.



Grilled Chicken, Ranch & Avocado Club
Grilled chicken breast with bacon, avocado, lettuce, tomato & buttermilk ranch on our grilled Brioche bun.



Double BLT
Double-decker with 6 strips of bacon, lettuce, tomato & mayonnaise on white toast.



 **Spicy Chicken Ranch Sandwich**
Crispy chicken breast tossed in our citrus chili sauce with melted Pepper Jack, a mix of roasted onions, Serrano, roasted peppers, buttermilk ranch & lettuce on our grilled Brioche bun.



Ham & Egg Melt
Scrambled eggs topped with ham, Swiss & American on grilled artisan sourdough.



Spinach, Roasted Red Pepper & Cheese Melt
Scrambled eggs with fresh spinach & onions topped with roasted red peppers, Parmesan, White Cheddar & Pepper Jack on grilled artisan sourdough.



Appetizer Sampler

Apps

A delicious way to start your meal.



Appetizer Sampler

Monster Mozza Sticks, Onion Rings & Crispy Chicken Strips served with plum & marinara dipping sauces.



Monster Mozza Sticks

Five thick Mozzarella cheese sticks served with marinara dipping sauce.



Chicken & Three-Cheese Quesadilla

Grilled chicken breast, roasted red pepper, fresh spinach, Pepper Jack, Monterey & Cheddar in a flour tortilla with salsa, sour cream & a fresh grilled Serrano pepper.



Crispy Chicken Strips & Fries

Five all-white meat crispy chicken strips. Served with plum dipping sauce & French fries.

SERVED FRESH

Entrées



Bacon Crusted Chicken

Add a soup or side salad



Sirloin Steak Tips

Tender sirloin tips with grilled onions & mushrooms. Served with mashed potatoes, whole kernel buttered corn & garlic bread.



Bacon Crusted Chicken Breast with Potato Hash

Bacon crusted grilled chicken breast with Pepper Jack over red potato pepper & onion hash & hollandaise. Served with garlic bread.



Country Fried Steak

A golden-battered beef steak smothered in country gravy. Served with mashed potatoes, steamed fresh broccoli & garlic bread.



Chicken Cordon Bleu

Crispy chicken breast with fresh spinach, ham, melted Swiss & White Cheddar sauce. Served with red potato pepper & onion hash & garlic bread.



T-Bone Dinner

Served with red potatoes, broccoli & garlic bread.



Tilapia Florentine

Two fillets over fresh spinach tossed in Alfredo sauce. Served with mashed potatoes & garlic bread.

Desserts



Fruit Crepe

One crepe filled with choice of raspberry topping, blueberry compote or glazed strawberries. Topped with vanilla ice cream & more fruit topping.



Ice Cream Sundae

Two scoops of vanilla ice cream with choice of chocolate sauce or glazed strawberries.

Kids Jr. Sundae (1 scoop)

Milk Shake

YOUR FAVORITES, FRESH

55+

Sorry, no coupons or discounts on 55+ items.



55+ Breakfast Sampler

One egg, 1 strip of bacon, 1 pork sausage link, 1 piece of ham, hash browns & 1 buttermilk pancake.



55+ Rise 'N Shine

Two eggs, hash browns, 2 bacon strips or 2 pork sausage links & toast.



55+ 2 x 2 x 2

Two buttermilk pancakes, 2 eggs & 2 bacon strips or 2 pork sausage links.



55+ French Toast

Four triangles served with 2 bacon strips or 2 pork sausage links.

SUBSTITUTE

Egg whites or egg substitute
Turkey bacon or turkey sausage links
Canadian Peameal Bacon

BUILD YOUR BREAKFAST

CREATE YOUR 55+ OMELETTE

An omelette made with a splash of our famous buttermilk & wheat pancake batter & choice of cheese: Cheddar, White Cheddar, American, Jack & Cheddar blend, Swiss or Pepper Jack.
Served with 2 buttermilk pancakes.

Additional ingredients

- Bacon
- Pork Sausage
- Ham
- Extra Cheese
- Fresh Mushrooms
- Fresh Tomatoes
- Fresh Spinach
- Fresh Green Peppers & Onions
- Fresh Avocado
- Serrano Peppers

Soup

Side Salad

Kids

12 & Under

MADE FOR FUN

Kids drinks. (Free refills on soft drinks)



Funny Face®

A chocolate chocolate chip pancake with powdered sugar, maraschino cherry eyes & a whipped topping smile.



Jr. Chicken & Waffles

Two crispy fried chicken tenders & 2 Belgian waffle quarters.



Silver 5

Five silver dollar buttermilk pancakes. Served with 1 scrambled egg & 1 bacon strip.



Create-A-Face Pancake®

A buttermilk pancake with strawberry eyes, a whipped topping nose & a fresh banana smile. Served with a tube of strawberry low-fat yogurt.

BUILD YOUR BREAKFAST

ROOTY JR.®

Start with 1 scrambled egg, 1 bacon strip & 1 pork sausage link. Then choose one item from each step below.

STEP 1: Buttermilk Pancake • Belgian Waffle • Brioche French Toast

STEP 2: Blueberries • Banana Slices
Glazed Strawberries • Raspberry Topping
Peach Topping • Strawberry Low-Fat Yogurt



Jr. Ham & Egg Melt

Scrambled eggs, grilled ham & American cheese. Served with seasonal mixed fruit or apple sauce.



KRAFT® Macaroni & Cheese

Served with seasonal mixed fruit or apple sauce.



Grilled Cheese Sandwich

Made with American cheese. Served with seasonal mixed fruit or apple sauce.



Cheeseburger

Our 100% beef burger topped with Processed cheese. Served with seasonal mixed fruit, seasoned fries or apple sauce.

Beverages

POURED FRESH



 **INTERNATIONAL HOUSE ROAST™**
Coffee

IHOP® Colombian Blend
100% Arabica Beans

Never Empty Coffee Pot®
Regular or Decaf

Espresso
Participating locations

Flavoured Coffee
Vanilla or Mocha

Cappuccino
Participating locations

Cold-Brew Iced Coffee
Mocha, Vanilla or Original

hot chocolate
Hot Chocolate



Tea and Lemonade

Freshly Brewed Iced Tea

Premium Loose-Leaf Hot Tea
Ask your server for available varieties.

Lemonade




fruit juices

Premium Orange Juice
Also available:
Apple, Cranberry or Grapefruit



IHOP Splashers®

Splashberry
A blend of glazed strawberries, lemon-lime soda & premium orange juice.

 **Tropical Island Twist**
A blend of lemonade, lemon-lime soda & tropical mango syrup.



Fountain Drinks
Pepsi, Diet Pepsi, Root Beer or 7UP
Free Refills

2% Milk

Bottled Water

Chocolate Milk

     **#IHOPsmile**
ihop.com

Prices are subject to all applicable taxes and NDFE fees. USD pricing subject to change. Substitutions available for an additional charge. We reserve the right to refuse service to anyone. 17% gratuity will be added to parties of eight or more.

Before placing your order please inform your server if a person in your party has a food allergy. IHOP cannot ensure menu items do not contain ingredients that might cause an allergic reaction or impact other dietary restrictions. Allergen information is available upon request. Prices are subject to all applicable taxes and NDFE fees. USD pricing subject to change.